The National Maternity Hospital

ELIGIBILITY CRITERIA FOR BOOKING WITH THE DOMINO SERVICE

The National Institute for Health and Care Excellence (NICE) recommends Midwifery Led Care as the most appropriate pathway with the best outcomes for normal risk women and this is based on both international and recent Irish research.

Eligibility Criteria for The Domino Service apply as there are some medical conditions or situations where greater input/care from an obstetric team is recommended. This is to provide you and your baby with the opportunity to achieve the best possible outcome.

Please see below for a list of exclusion criteria for **The Domino Service** based on the most up to date evidence guidelines from NICE. This is not an exhaustive list and is for guidance only.

If you are unsure if you are eligible, please email a member of our administration team at **community@nmh.ie** or call 01 6373177 and they will be happy to advise you. An individualised assessment with our Domino Midwifery Team can be arranged if needed.

Please note: If you are not eligible for The Domino Service but still wish to access antenatal care in the community, you may be eligible for our Consultant Led Satellite Clinics. These clinics are Consultant Led and mostly delivered by our Community Midwives with input from the Consultant when needed. Please see our public care page for a full list of your other maternity care options.

Criteria	Example of exclusion
Age	If you are below 18yrs or over 40yrs at booking on your first baby If you are over 43yrs at booking and you have had a baby before
BMI	If your BMI is less than 18.5 or greater than 35 If you have had bariatric surgery in the past
Current Pregnancy	If you become pregnant through the use of assisted reproductive technology (ART) e.g. IVF, IUI (if you have been prescribed the medication Clomid in isolation you are not excluded) If you have a baby with an anomaly If you have a multiple pregnancy If you have placenta praevia (afterbirth is partially or completely blocking the neck of the womb after 34 weeks of pregnancy) If you have Rhesus disease/significant antibodies that have resulted in haemolytic disease of the newborn
Previous Pregnancy Complications	If you have had a caesarean section If you have had severe preeclampsia requiring preterm birth/eclampsia /HELLP syndrome (complications with blood pressure in a previous pregnancy) If you have had a baby less than 34 weeks born by normal vaginal delivery If you have had a placental abruption (placenta separates from the womb before birth) If you have had an unexplained stillbirth/neonatal death or previous death related to intrapartum difficulty or a baby with a congenital anomaly If you have had recurrent miscarriage (3 or more consecutive pregnancy losses) If you had a previous mid-trimester loss If you have had a previous baby with neonatal encephalopathy (HIE) (brain damage) If you have had a uterine rupture (a tear in the womb) If you have had a previous 4th degree perineal tear or a 3rd degree perineal tear with continence problems

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Criteria	Example of exclusion
Previous Pregnancy Complications (continued)	If you have had a previous baby less than 2.5kg (5lbs 5oz) or greater than 4.5kgs (9lbs 9oz) If you have had previous haemolytic anaemia If you have had Rhesus disease or significant blood group antibodies that resulted in haemolytic disease of the newborn
Cardiovascular (heart) **Hypertensive (blood pressure)**	If you have any heart disease or blood pressure problems
Haematological (blood) **Thromboembolic Disorders (clots)** **Platelet & Bleeding Disorders** **Haemoglobinopathies (blood disorder affecting the red blood cells)**	If your iron count (Hb) at booking is less than 9g/dl If you have experienced a Deep Vein Thrombosis DVT (clot) or a Pulmonary Embolism (PE) (clot in the lung) If your platelets (part of your blood needed for clotting) drop below 150 x 10^9/L but remain above 100 x 10^9/L you can have a Domino birth if you have a normal coagulation (clotting) screen If you have irregular antibodies in your blood which carry a risk of haemolytic disease of the newborn (blood problem for the baby e.g. Rhesus disease) If you have a haemoglobinopathy (blood disorder affecting the red blood cells) e.g. sickle cell disease, beta thalassaemia
Surgical History	If you have had uterine (womb) surgery e.g. Myomectomy (fibroid removed from your womb), previous caesarean section; hysteroscopic resection of polyp/fibroid (a form of incisionless surgery done by passing a scope through the vagina & neck of the womb) If you have had major abdominal surgery e.g. gastric surgery/ bypass, lap-banding If you have had 2 surgeries to cervix (neck of the womb) e.g. Cone biopsy & Lletz If you have had neurological surgery, certain eye surgery, anaesthetic difficulties; female genital mutilation (case by case)
Endocrine	If you have type 1 or type 2 diabetes or develop diabetes in pregnancy (Gestational Diabetes) If you have hyperthyroidism
Gastro – intestinal (GI)	If you have Crohn's disease or Ulcerative colitis and are on medication
Psychiatric	If you have a mental health condition requiring current inpatient care and/or requiring specialist care
Neurological	If you have Epilepsy, Myasthenia Gravis (MG), Previous Cerebrovascular Accident (CVA) (Stroke)
Immune	If you have an autoimmune disease e.g. Rheumatoid arthritis Systemic Lupus Erythematosus (SLE)/(Lupus) Inflammatory Bowel Disease (IBD) Multiple Sclerosis (MS) Guillain-Barre syndrome Chronic inflammatory demyelinating polyneuropathy

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Criteria	Example of exclusion
Social	If you misuse substances e.g. drugs, alcohol If you lack social support or experience domestic violence and require additional hospital based support
Infections	If you have infective Hepatitis B or Hepatitis C If you are HIV Positive If you have Syphilis If you are receiving treatment for Toxoplasmosis
Renal (kidney disease)	If you have renal disease that requires the supervision of a renal specialist
Liver	If you have liver disease that requires the supervision of a liver specialist
Respiratory	If you have Cystic Fibrosis

OTHER

If you have a history of the following conditions, you may book with The Domino Service but you must be seen by a Consultant Obstetrician during your second trimester.

Criteria	Example
Previous Births	If you have had a birth with shoulder dystocia (difficulty delivering your baby's shoulders)
	If you have had a Primary Postpartum Haemorrhage (PPH) (large bleed soon after delivering your baby) which required additional treatment or blood transfusion
	If you had a previous baby greater than 4.5 kgs (9lbs 9oz) (you will need an ultrasound scan on this pregnancy at approx. 32 weeks to monitor the growth of your baby)
	If you have had a previous birth which led to **long term** complications for example a placental abruption (placenta separated from the wall of the womb before birth)
	If you have had a 3rd or 4th degree tear which following review in our perineal clinic requires a specific plan for subsequent births