

PUBLIC TRANSPORT

By Dublin Bus

The hospital is serviced by the following routes: 4, 7, 7A, 7E, 15A, 15B, 15D, 26, 27X, 100X, 101X, 111X, 120, 845, NX, Dublin Express 784 and others

By Train/Dart

Short walk from Pearse Street Station

By Luas

A 10-minute walk from St. Stephen's Green



Please plan your journey ahead

PARKING

There is no public parking within the hospital grounds. Pay-and-display on-street parking spaces provided by Dublin City Council are available around the hospital. Clamping is in operation on Holles Street and surrounding areas. Also, there are a number of multi-story carparks within walking distance from the hospital.

Bring change for parking or check out parking apps in advance (www.parkingtag.ie). A parking app has the advantage of allowing you to top-up parking without having to return to your car.



CONTACT



01 637 3100



The National Maternity Hospital
Holles Street
Dublin 2, D02 YH21, Ireland



www.nmh.ie

We kindly ask that all visitors:

- Who are feeling unwell or with recent or current illness (such as Covid-19, flu, vomiting bug or cold sore, etc.) do not come to the hospital if they are an infection risk
- Maintain good hand hygiene
- Do not sit or lie on patient's beds
- Have mobile phones switched to silent and on flight mode in areas where monitoring equipment is operating - please observe local signs
- Respect the full visiting guidelines available at www.nmh.ie



Public NMH Wifi details

NMH_Public

User: nmh-guest

Password: Liffey2022



For more visiting information, please go to www.nmh.ie



The National Maternity Hospital



VISITOR INFORMATION

Welcome to The National Maternity Hospital. Please familiarise yourself with the hospital's Visiting Policy in this leaflet. This policy has been put in place to benefit our patients and staff and we kindly ask that you adhere to it.

VISITING TIMES



VISITING POSTNATAL WINGS

Visits to mums and babies in Holles Wing, Fitzwilliam Wing and Merrion Wing.

Nominated support partners visiting times:

**8am - 9pm
Daily**

Adult visitors and siblings of the newborn/s:

**2pm - 4pm
&
6pm - 8pm
Daily**



VISITING NICU

Parents of babies in our Neonatal Intensive Care Unit (NICU) are welcome to spend time with their baby/babies **at any time**. Parents may be asked to step out of the unit during nursing handovers, ward rounds or if there is an emergency. Grandparents are welcome to visit between **5.30pm and 7.30pm** daily while accompanied by a parent.

Children are not permitted to visit NICU. If you are unwell or have respiratory symptoms, please contact the NICU for advice on visiting. For further information on NICU visiting information, please visit www.nmh.ie

VISITING GYNAECOLOGY INPATIENTS

Iveagh Wing

A nominated support partner is welcome to visit during hospital visiting times: **8am-9pm daily**. Adult visitors and children of inpatients are welcome to visit: **2pm-4pm and 6pm-8pm**.

VISITING ANTENATAL INPATIENTS

Pembroke Wing

A nominated support partner is welcome to visit during hospital visiting times: **8am-9pm daily**. Other visiting is dependent on your individual care. Please discuss with your midwife as needed.

The National Maternity Hospital will make every effort to accommodate exceptions to our visiting policy on compassionate grounds when the need arises.

COFFEE SHOP

Located on the Ground Floor. Sells coffee, tea, sandwiches, pastries, etc. Opening hours:
Monday - Friday: 8am-5pm
Saturday: 10am-4pm
Sunday: 1pm-4.30pm

BABY SHOP

Located on the Ground Floor. Sells some presents and dry snacks only. Opening hours*:
Monday - Friday: 10am-3pm
*If unattended, please ask the friendly staff at the Coffee Shop to help you.

24/7 VENDING MACHINES

There are two vending machines at The NMH: one on the Ground Floor and one on the 4th Floor. They have cold drinks and snacks. Cards accepted. Available 24/7.



In the interest of food safety and to ensure that the hospital complies with current legislation, cooked food cannot be brought into the hospital by visitors. You may bring fruit and dry snacks, etc.



Please note, as per policy, a maximum of two adult visitors are permitted per patient at any one time.



We would ask that visitors use the toilet facilities located on the ground floor of the hospital. Please note accessible toilets are also located on the ground floor.