



MY READING LOG

Dear Parents & Babies,

Thank you for joining in on this Read-a-thon from home!

You can use this Reading Log to record all the books you read with your baby and how much they like them.

You can continue this log all the way into childhood and beyond!

Feel free to share your reading logs on Instagram and tag us on @nationalmaternityhospital!

How do I read & talk to my baby?

- Use a gentle voice in your native language
- Combine with skin to skin time if possible
- Start with short books with rhyming and repetition
- Let baby know you are there - touch or let them see you
- Hum or sing, tell them about your day

Happy reading everyone!



1. Winnie-the-Pooh		
Date: 9/09/2024	Time: morning	Rating: ♥♥♥♥♥
2. This is not my Kangaroo		
Date: 10/09/2024	Time: afternoon	Rating: ♥♥♥♥♥
3.		
Date:	Time:	Rating: ♥♥♥♥♥
4.		
Date:	Time:	Rating: ♥♥♥♥♥
5.		
Date:	Time:	Rating: ♥♥♥♥♥
6.		
Date:	Time:	Rating: ♥♥♥♥♥
7.		
Date:	Time:	Rating: ♥♥♥♥♥
8.		
Date:	Time:	Rating: ♥♥♥♥♥
9.		
Date:	Time:	Rating: ♥♥♥♥♥
10.		
Date:	Time:	Rating: ♥♥♥♥♥



