

Information for GPs and Referring Doctors

The Complex Menopause Service is accepting referrals on patients with an address within the Ireland East Hospital Group catchment area including - South Dublin, Carlow, Kilkenny, South Tipperary, Waterford, Wexford and Wicklow that have a past or current diagnosis of:

- Active Liver disease
- Cancer
- Coronary Heart Disease
- Epilepsy
- Immunological diseases
- Premature Ovarian Insufficiency
- Stroke
- Venous thromboembolism

To assist us in triaging this appointment appropriately, we ask that you please complete the form fully and kindly provide the following:

- Recent blood test results including FBC, Fasting lipids and glucose, TFT and any other results relevant to your patient's condition
- Relevant correspondence from Specialist Consultants
- If referring for Premature Ovarian Insufficiency consultation you must provide us with two FSH results at least 4 weeks apart

We are unable to triage your patient for an appointment without all the relevant information. Incomplete referrals will be rejected.

We thank you for your cooperation



PATIENT DETAILS:

| Patient Name: | |
|----------------------|--------------------|
| Patient Address: | |
| Next of Kin name: | |
| Next of Kin address: | |
| Date of Birth: | Contact Telephone: |
| Age at referral: | Contact Email: |

Please tick which co-morbidity applies to this referral:

| Active Liver disease | |
|---------------------------------|--|
| Cancer | |
| Coronary Heart Disease | |
| Epilepsy | |
| Immunological disease | |
| Premature Ovarian Insufficiency | |
| Stroke | |
| VTE | |

REFERRER DETAILS:

Name of Referring Doctor:Patients GP (if different):Address:MCRN:Contact telephone no of referring doctor:Date of referral:



REFERRAL DETAILS

| Current most troublesome menopausal symptoms | |
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| Details of any previous/current HRT or non-hormonal treatment for symptoms | |
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| Gynaecological History | | |
|----------------------------|------|--|
| Parity: | LMP: | |
| Cervical Screening: | | |
| Current Menstrual Pattern: | | |

| Additional Medical History | | |
|--|------|--|
| Smoker Non-Smoker | BMI: | |
| Blood Pressure: must be normotensive/ adequately controlled before referral | | |
| Known Allergies: | | |

| Current Medication: | | |
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DETAILS OF MEDICAL DIAGNOSIS

| Comorbidities: | |
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| Details of Diagnosis to date including Surgeries and Treatments | |
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| Additional information | |
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| Please include COPIES OF COMMUNICATIONS FROM SPECIALITY CLINIC <u>Recent</u> general blood tests including: FBC, TFT, Lipids, Glucose, HbA1c (& any other | |
| surveillance serology relevant to the patient's condition) | |

