



LLETZ TREATMENT

WHAT YOU NEED TO KNOW

What can I expect after treatment?

Bleeding/Discharge:

- The treatment will leave a small wound on your cervix that will need time to heal. While the wound is healing you will experience blood stained vaginal discharge, which may also be black, brown and have a gritty consistency.
- This may last for 4-6 weeks. You should not have bleeding which is heavier than a period and it should get progressively lighter as the weeks pass.

Pain:

- You may experience some period like discomfort/cramps. This will normally settle down after a few hours.
- If you need pain relief; take paracetamol or ibuprofen (follow instructions on package).

Precautions:

- To aid the healing of the wound on your cervix and reduce your risk of infection, avoid sex, tampons, swimming and baths for 4 to 6 weeks.

How would I know if I had an infection?

If you have bleeding which is heavier than a period or if the discharge is smelly or lasts longer than six weeks you could have an infection. Contact your doctor or the hospital to check whether you need antibiotics or not.

Will I get results after my treatment?

You will receive the result within six weeks.

Follow up - what happens next?

The treatment of cervical changes is very effective with 90% of women having a normal cervix at follow up appointment. You will be given an appointment for a cervical screening test (HPV test) six to nine months after the treatment.

Contact information

Colposcopy Clinic
The National Maternity Hospital
Holles Street, D02 YH21, Ireland

Monday to Friday - 08.30 to 16.00
Ph: 01 637 3454

In an emergency, outside of the above hours, contact the hospital on 01 637 3100 and ask to speak with the team on call.

You can read more information about your Colposcopy visit on [hse.ie/cervicalcheck](https://www.hse.ie/cervicalcheck)



01 637 3100



www.nmh.ie