



COLD COAGULATION TREATMENT

WHAT YOU NEED TO KNOW

What can I expect after treatment?

Bleeding/Discharge:

- The treatment will leave a small wound on your cervix that will need time to heal. While the wound is healing you will experience blood stained vaginal discharge.
- This usually settles in 2 weeks but may last for 4 weeks. You should not have bleeding which is heavier than a period and it should get progressively lighter as the weeks pass.

Pain:

- If your treatment was carried out under a local anaesthetic you may notice some period like cramps as the local anaesthetic wears off.
- If you need pain relief; take paracetamol or ibuprofen (follow instructions on package).

Precautions:

- The wound on your cervix should be protected from infection for at least two weeks or while you have a vaginal discharge. Avoid sex, tampons, swimming and baths during this time.

How would I know if I had an infection?

If you have bleeding which is heavier than a period or if the discharge is smelly or lasts longer than six weeks you could have an infection. Contact your doctor or the hospital to check whether you need antibiotics or not.

Will I get results after my treatment?

The cold coagulation treatment destroys abnormal tissue and so no specimen is available to send to the laboratory. You will not receive any results.

Follow up - what happens next?

The treatment or cervical changes is very effective with 90% of women having a normal cervix at follow up appointment. You will be given an appointment for a smear (HPV) test in 6-9 months.

Contact information

Colposcopy Clinic
The National Maternity Hospital
Holles Street, D02 YH21, Ireland

Monday to Friday - 08.30 to 16.00
Ph: 01 637 3454

In an emergency, outside of the above hours, contact the hospital on 01 637 3100 and ask to speak with the team on call.

You can read more information about your Colposcopy visit on [hse.ie/cervicalcheck](https://www.hse.ie/cervicalcheck)



01 637 3100



www.nmh.ie